

## Life skills linked to learning.

Try to make learning as fun as possible. Have a clear daily routine and give breaks. These are a few suggestions for you to try.

Daily Reading is very important, please continue to read with your child daily and to share books.

<p style="text-align: center;"><u>Teach your monster to read</u></p>  <p style="text-align: center;">www.teachyourmonstertoread.com</p> <p>A great free and fun resource that can be used on the computer or as an app. It develops reading skills and is a great resource to help motivate pupils who find reading challenging. There are 3 levels starting from initial sounds developing onto phonemes and then reading.</p>	<p style="text-align: center;"><u>BBC Dance Matt Typing</u></p>  <p style="text-align: center;"><a href="http://play.bbc.co.uk/play/pen/qhdxbnvx7h">http://play.bbc.co.uk/play/pen/qhdxbnvx7h</a></p> <p>A typing skills programme that helps pupils use the correct fingers and encourages touch typing.</p>	<p style="text-align: center;"><u>Nessy</u></p>  <p>A great computer-based programme that can help pupils with reading and spelling. All pupils now have access to this programme and log in details have been sent out by their class teachers..</p>
<p style="text-align: center;"><u>Balls skills.</u></p> <p>Make a ball from some socks.</p> <p>From a pack of playing cards take out all the 5s,4s,3s,2s and aces, you are going to use these cards.</p> <p>Shuffle these cards and put them in a pile.</p> <p>Turn over your first card.</p> <p>Try to throw your sock ball in the air and catch it to match the number on the card. If you complete this without dropping the ball you keep the card. Play against someone else in your family or by facetime with your friends. The one with the most cards after 3 minutes is the winner.</p> <p>You can change the game by doing keepie uppies with the sock ball instead of throwing and catching.</p>	<p style="text-align: center;"><u>Active Literacy Activities for High Frequency words.</u></p> <p style="text-align: center;"><a href="http://www.highfrequencywords.org/">http://www.highfrequencywords.org/</a></p>  <p>Write the words with chalk outside</p> <p>Pass a ball and spell the word</p> <p>Write the words in sand / paint / shaving foam</p> <p>Write the words on the shower screen</p> <p>Type the spelling words up</p> <p>Make up a mnemonic to help remember the tricky words</p> <p>Make the words with playdough</p> <p>Write the words on someone's back with your finger</p>	<p style="text-align: center;"><u>Active Literacy Activities</u></p>  <p>Play noughts and crosses with tricky words</p> <p>Learn the alphabet - plastic letters</p> <p>Write out words in fancy writing</p> <p>Draw pictures to go with words</p> <p>Write the words on the carpet with your finger.</p> <p>Make the words with plastic letters</p> <p>Make words with string</p> <p>Write out the words with different colours</p>
<p style="text-align: center;"><u>Maths</u></p> <p>Allow children to have a budget for each day. Monopoly money or if you prefer, real money can be</p>	<p style="text-align: center;"><u>HWB</u></p> <p>Encourage the children to get involved with growing food. This can be done in pots or in the garden. Seeds</p>	<p style="text-align: center;"><u>HWB and Maths.</u></p> <p>Make some cup cakes together. Encourage your child to measure out the ingredients carefully and</p>

used. Make a list of all the things that are available for snacks, with prices, that the children can buy with their money.

Children can then budget for the day and work out what they can afford to buy in a day.

Make the healthy snacks cheaper!

For older children tell them the budget for the family for a day and give them access to recipes and grocery prices.



### P.E

Follow the Joe Wicks workout at least twice a week.  
This can be done live or whenever is convenient.

can generally be bought at supermarkets or online. Lettuce or rocket are good starters as the children will see results quickly and can eat the leaves in salads and sandwiches.

Tomatoes grow well on windowsills, but they take longer to get results.



### Mental Maths.

Encourage your child to practise times tables or addition to 10 or 20 using the topmarks website.

mix together following the recipe. You can help by putting the cakes in the oven and lifting them out so that your child stays away from the hot oven. Your child could be in charge of timing the baking.

This is a simple recipe found on line.

### **INGREDIENTS**

- 125g butter softened/margarine
- 125g caster sugar
- 125g self raising flour
- 2 large eggs, beaten
- 1tsp vanilla extract

### **INSTRUCTIONS**

1. Preheat oven to 180C/gas mark 4.
2. Cream the butter and sugar together in a bowl.
3. Stir in the beaten eggs.
4. Sift in the self raising flour and mix until just combined. Take care not to overmix.
5. Transfer the mixture into cupcake cases, filling half way.
6. Bake in oven for 20 minutes.
7. When the cupcakes are ready they will have risen and be a golden brown colour.

### Literacy

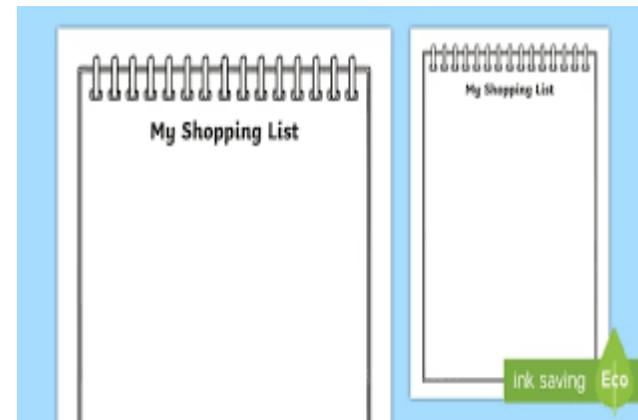
On you tube search for thebodycoach.



<https://www.topmarks.co.uk/maths-games/hit-the-button>



Ask your child to help you write the shopping list for the week. Encourage them to use their phonic skills and to use their knowledge of spellings rules.



### Memory

The Tray Game Place 12 items on a tray and ask pupils to look at it for 20 seconds. Cover the tray with a cloth or other barrier and give your child 30 seconds to write down everything they can remember. Remove one or several items from the tray and have them guess what has changed.

### Listening

Dice and Movement Games. These games also intend to support listening, attention and taking turns. Assign each number of the dice to a different movement e.g. number 1 can be shake your arms, 2 can be spin around etc. Take turns to roll the dice and make the movement. This can also be a useful way to introduce brain breaks/ movement breaks throughout the day

### Talking and Listening.

Before bedtime sit together and talk about the day. Encourage your child to speak about what has happened and ask them questions at the end. Then talk about your day while your child listens carefully. Explain that they must listen to what you say and then ask questions at the end. Encourage them to speak clearly and to listen without interrupting.

### Reading.

This is a great website to encourage children to engage with books. They could listen to stories, draw characters or many engage with many other activities <https://www.booktrust.org.uk/hometime> "Who needs swords when we have books?" BookTrust President Sir Michael Morpurgo.

### Skills.

Use your time to teach yourself a new skill. Practise a little every day and you will soon be amazing.  
You could learn to juggle with balls made from socks.  
You could learn how to draw cartoons.  
You could learn how to sew or knit or even crochet!

### Literacy

Make a sandwich for yourself and think very carefully about what you are doing. Record yourself for your own TV cookery programme explaining clearly how to make a sandwich.

