

Newsletter Kellands School

Issue No. 15 (09/12/16)

'Great works are performed, not by strength, but by perseverance.'

Samuel Johnson

'Anyone who has never made a mistake has never tried anything new.'

Albert Einstein

Christmas Parties and Home Lunch Information

Date	Stage	When
Monday 19th December 2016	P4-5 Christmas Party	Afternoon
Tuesday 20 th December 2016	P1-3 Christmas Party	Afternoon
Tuesday 20 th December 2016	Nursery AM & PM	During Both Sessions
Wednesday 21 st December 2016	P6-7 Christmas Party	Afternoon

All school children going home for lunch to get ready for their party must have a written request submitted to teacher/school, e.g. a note in their diary.

P1-5 children going home for lunch must be collected from the appropriate unit door unless there is a written request informing us otherwise. Children are welcome to take their party clothes to school in a bag and can get changed when they come in after lunchtime. If children are going home for lunch please keep them at home until just before the bell as it can be quite chilly outside when dressed in your finest!

End of Term Service

The school will be having an end of term service in the hall on Wednesday 21st December. This is for pupils and staff only. Nursery children and their families are invited to St Marys Church on Monday 19th December for their service. We have sent home a letter with details of this for Nursery.

After School Clubs end of Term Information

Running club for P4-7 - Will not be going ahead on Tuesday 13th of December due to the Staff Christmas Lunch. But will go ahead on Tuesday 20th December.

P1-3 Running Club - Has finished for this term.

Netball - There will be no netball training on Thursday 15th December due to the school Nativity, and no Netball on the last day of term.

Rock Challenge - Monday 12th December is the last day before the end of the year.

Football - Is now finished until next year.

Chess Club - Wednesday 14th December will be the final day before the end of term.

Most clubs will resume week beginning 16th January 2017. Please keep a check in bags for notes and newsletter for information at the start of term.

Christmas Jumper Day Thursday 15th December

Children are invited to wear a festive jumper to celebrate 'Christmas Jumper Day' in school on Thursday 15th December. Nursery have their jumper day scheduled for Friday 16th December but are welcome to wear their jumper on both days.

School Christmas Lunch

School Christmas Lunch will be on Thursday 15th December. Please note there will NOT be a cold option that day.

Staffing Information

Mrs Clark has left Kellands and Mrs Megan Sondors has taken over in P4C. Everyone at Kellands would like to thank Mrs Clark for all she has done at Kellands and wish her all the best in the future. Mrs Parson will be going on maternity leave after Xmas and her class will be covered by Mrs Walker and Ms Webster. After Easter Mrs Parson will be returning 3 days a week with Ms Webster doing the other 2 days. We are very lucky to have Mrs Walker and Ms Webster who both know the class well and the transition will be very smooth. Thanks for all your help and understanding.

Now In Stock

Reading Packets are now in stock priced £4.50 each and are available from the school office.

Run Garioch entries open and going fast

For information on how to enter the junior run go to info@gariochsports.co.uk don't leave it too late to enter or you will be disappointed.

Assembly - P7M - Growth Mindset

Today's class assembly was from Miss Maxted's class on Growth Mindset. The Kellands' postcards were for 'Positive attitude'

What Is Growth Mindset?

The term 'growth mindset' refers to a way of thinking, learning and taking on challenges. A person with a growth mindset is open to constructive criticism, takes feedback and uses it, takes on new challenges, pushes themselves outside of their comfort zone and shows resilience and perseverance.

Studies show that it is people with a growth mindset (as opposed to a fixed mindset) who achieve in life, are successful in all they do and are happy. Of course, this is exactly what we want for all our children.

This is something we are beginning to embed in our ethos and culture at Kellands and we are hoping to have a parents' information event next year.

<h2 style="margin: 0;">Changing Our Mindset</h2> <p style="margin: 0; font-size: small;">Carol Dweck, world-renowned Stanford University psychologist, talks about the power of our mindset or our beliefs (especially around challenge). We can either have a Fixed Mindset where we let failure (or even success) define who we are, or a Growth Mindset where we see setbacks as opportunities to grow and improve ourselves. Just like how we learned how to walk... there are many stumbles along the way, but to reach our potential and live the life we desire, it takes practice and perseverance. We always have a choice about which view we adopt for ourselves... and it's never too late to change. What's your view?</p>		
<i>It's up to you!</i>	 FIXED MINDSET <small>Belief that my intelligence, personality and character are carved in stone; my potential is determined at birth</small>	 GROWTH MINDSET <small>Belief that my intelligence, personality and character can be developed! A person's true potential is unknown (and unknowable).</small>
DESIRE	Look smart in every situation and prove myself over and over again. Never fail!!	Stretch myself, take risks and learn. Bring on the challenges!
EVALUATION OF SITUATIONS	Will I succeed or fail? Will I look smart or dumb?	Will this allow me to grow? Will this help me overcome some of my challenges?
DEALING WITH SETBACKS	"I'm a failure" (identity) "I'm an idiot"	"I failed" (action) "I'll try harder next time"
CHALLENGES	Avoid challenges, get defensive or give up easily.	Embrace challenges, persist in the face of setbacks.
EFFORT	Why bother? It's not going to change anything.	Growth and learning require effort.
CRITICISM	Ignore constructive criticism.	Learn from criticism. How can I improve?
SUCCESS OF OTHERS	Feel threatened by the success of others. If you succeed, then I fail.	Finds lessons & inspiration in other people's success.
RESULT ...	Plateau early, achieve less than my full potential.	Reach ever-higher levels of achievement.