

# Newsletter Kellands School

Issue No. 12 (18/11/16)

*'The greatest danger is not that our aim is too high and we miss it but it is too low and we achieve it'*

Michaelangelo

*'All of life is education and everybody is a teacher and everybody is forever a pupil'*

Abraham Maslow

## Children in Need Friday

Thank you to all the children who looked so wonderful in their spotty outfits today and for all their kind donations. Special thanks to Mrs Harrigan, Mrs Rowley and all the pupil council for organising the assembly. Our postcards this week were for listening skills.



## New Inverurie Academy - Assembly

This afternoon our P4-7 children were given the chance to see the plans for the new Inverurie Academy and the facilities that will be on offer. Looks very exciting!

## Gardening Club

This week our gardening club got together and planted 500 crocuses (Kindly donated by the Rotary Club). The children worked really hard and we look forward to seeing the colour around the school in the Spring. Other children wrote to local businesses to see if any could help with our gardening club.



## Dragons Den

The Senior management have been very impressed with the Dragon's Den pitches over the last couple of weeks from some of our classes in preparation for their enterprise businesses for the Christmas Fayre. We wish them all good luck.

## Parent House Open Evenings - Next Week 7pm - 8pm

Next week myself, Mrs Barr and Mrs Rowley with our House and Vice Captains will be having information evenings on our new House System at Kellands. The dates are:-

**Tuesday 22<sup>nd</sup> November HUNTINGDON - Mrs Barr**

**Wednesday 23<sup>rd</sup> November THOM - Mrs Rowley**

**Thursday 24<sup>th</sup> November BRUCE - Mr Mollison**

This will be an opportunity for you to meet the member of the senior management team responsible for your child's House and to find out what our plans are. The evening will be delivered and organised by the House Captains. We hope to see as many of you there as possible and there will be teas and coffees.

## Family Quiz tonight 7pm in school

Please come along and join in the fun. Tea/coffee/juice and nibbles provided but please bring your own bottle/soft drinks. £5 entry for teams of up to 6 people.

## iBikes

An email was sent to all families this week with details of a fantastic discount through Phil and Sustrans. Please get in touch with [lynn@inverkaty.plus.com](mailto:lynn@inverkaty.plus.com) today if you would like to order.

## Active Travel Breakfasts Friday 25<sup>th</sup> November P4-7

Kellands School will be hosting another Active Travel Breakfast on Friday 25<sup>th</sup> November. Pupils from P4-7 will receive a tasty breakfast for walking, cycling or scooting to school. A bike breakfast will also be offered for any adult accompanying a pupil cycle to school.

## Travelling Books

A huge thank you to everyone who bought books from our book fair. We sold a grand total of £822.16 worth of books. We will receive a commission from this total which will be added to the school fund, and used to buy books for the school. It is much appreciated, thanks again for your support.

## SCILL



The poster for Relax Kids Classes features a purple header with the text 'Relax Kids Classes' and 'relax Kids' in a smaller font. Below the header, it lists benefits for children: 'Help your child: relax and be calm, feel confident, focus and concentrate, be imaginative, develop creativity, sleep better'. A photograph shows a group of children sitting on the floor with their arms raised. Below this, it lists 'Classes Include: movement and dance, drama games, stretching exercises, self/peer-massage, breathing exercises, positive affirmations, mindfulness and relaxation'. Another photograph shows a teacher interacting with a group of children.

There is a new SCILL children's activity on offer starting with a one off session on Saturday 26<sup>th</sup> November from 2.00pm - 3.00pm at the Well Balanced, Mindfulness and relaxation Studio for children and families at 3 Gordon Court, Durno, near Inverurie AB51 5ER.

There are 10 places available for children aged from 6 to 10 years old with additional support needs. **This session will be free of charge** as it is a taster session. There are only 10 spaces available.

Parent/carer to remain on site during the one hour session, either in the studio with their child or in an adjoining room separated from the studio by a curtain, refreshments available.

The classes can include a variety of options but expect stretching exercises, story massage (incorporating word with appropriate touch) breathing exercises, positive affirmation, mindfulness and relaxation.

To book contact [www.scill-deeside.co.uk](http://www.scill-deeside.co.uk)

## **Active Schools Yoga Spaces Still Available**

Active Schools are pleased to advise that we are now offering Cluster Yoga sessions for Primary 1-7. The sessions will start on Monday 21<sup>st</sup> November at Inverurie Academy and will cost £8 for the 4 week block.

To book a place to attend, please click on the link below and complete the online form.

<http://www.aberdeenshire.gov.uk/request/active-schools/active-schools-online-form-inverurie/>

## **#RUN**

Led by experienced distance runner Stephen Simpson, these sessions provide good quality structured training for all ages and abilities. The aim is to make running FUN!

Primary 1 - 3

Fridays - 4pm @ Etko Sports Academy,  
Oldmeldrum.

Book online at:

<https://laurasgym.class4kids.co.uk/info/1203>

Primary 4 - 7

Fridays - 5pm @ Etko Sports Academy,  
Oldmeldrum.

Book online at:

<https://laurasgym.class4kids.co.uk/info/1204>

Email: [admin@etkosportsacademy.co.uk](mailto:admin@etkosportsacademy.co.uk) Call:

01651 873876 Or search for @RunAberdeenshire on Facebook

## **Inverurie Light Festival Night Ride**

4pm Friday 2<sup>nd</sup> December, Kellands Park, Inverurie.

All children and parents from Inverurie schools are invited to take part in the ride to highlight being SAFE and SEEN this winter. Decorate yourself and your bike in fairy lights - wear high visibility clothes or fancy dress and cycle within Kellands Park on a traffic free route. There will be live music, refreshments, hot food, Christmas carols!! To register go to

[www.inverurielightfestival.eventbrite.co.uk](http://www.inverurielightfestival.eventbrite.co.uk)